



A Sample Retreat in Spetses

A three-day structure designed for clarity, connection and culture

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A quiet structure, thoughtfully designed

Each retreat is shaped around our guests' goals, pace and preferences. What follows is a sample flow to illustrate how time, space and experience come together in Spetses — a car-free island of quiet prestige.

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Arrival & Decompression

Morning: Arrival

Private transfers from Athens airport to the island — and everywhere on it.
Discreet check-in.
Time to settle.

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Day 1 — Afternoon



Light lunch overlooking the sea

Unstructured time to rest or explore.

Day 1 — Evening

Welcome dinner in a private setting

Simple, seasonal menu. Soft introduction to the group dynamic.

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Day 2 — Focus & Connection

Morning: Working session

Your working session, in a quiet uninterrupted environment

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Day 2 — Midday



Seaside lunch

Slow pace, informal conversation.

Day 2 — Afternoon & Evening

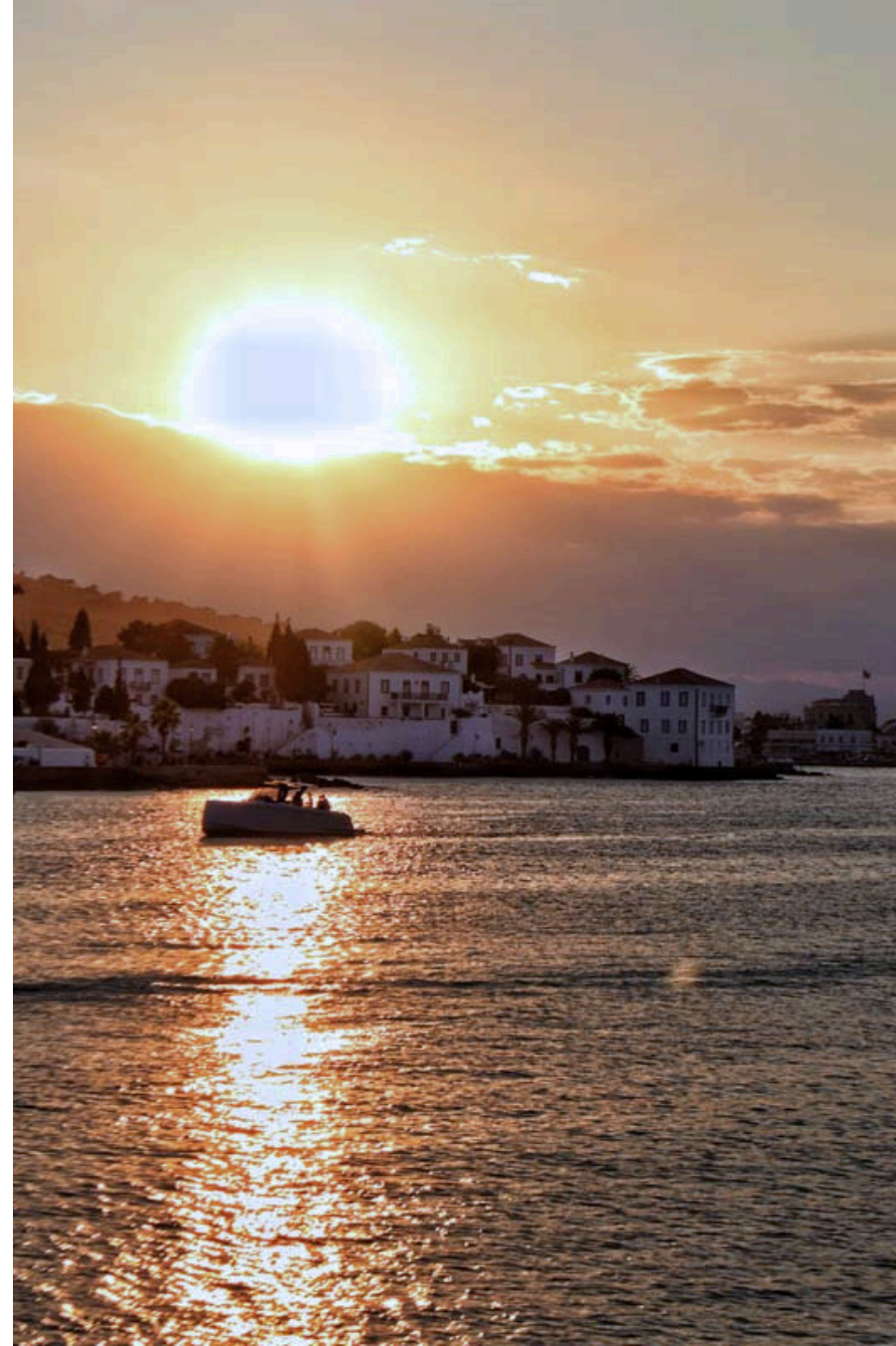
Optional curated activity

Time designed for connection without pressure.

Dinner in a different setting

A subtleshift in atmosphere.

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Day 3 — Reflection & Departure

Closing session

Space for reflection and alignment.

Light brunch

Late morning meal.

Coordinated transfers

Departure arranged.

Every retreat is tailored individually

This is a starting point. Each experience is shaped around your objectives and the level of detail required.

*We work with a limited number of clients each year.

Let's talk about your retreat
georgia@eventzen.com

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